

Cross Egypt Challenge - October 2011
A journey of 1700 km on scooters to promote tourism



The challenge begins at the site of the modern Bibliotheca Alexandrina in the ancient city of Alexandria, passes by the Great Pyramids of Giza in Cairo, crosses the Nile River and the Suez Canal on the way to the eastern Egyptian border at Taba. The team will then head down to the cities of Nuwebaa and Dahab before reaching the world famous resort city of Sharm El Sheikh. They then ferry across the Gulf of Suez to Hurghada and to continue their journey to the legendary city of Luxor, the world largest open-air museum, where they ride down the Avenue of the Sphinxes to reach the magnificent temple of Karnak. The team continues to Aswan and further south to end the journey in front of the most famous temple of Ramses II, Abu Simbel, on the western shores of Lake Nasser. The Cross Egypt Challenge team is a group of cross-cultural and professional individuals who are both experienced scooter riders and adventure travelers.

Previous Meeting Attendance: 11 (29%) Members - 1 Guest

Today's Program: Joint Iftar w/Metropolitan

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 Contributors: P. Mounir, PP Colette,,PP Magda S., PP Walid, Molly

August Ramadan Schedule

10th Joint Sohour w/ Rotaractors at Jolie Ville Maritime, pool area

17th **Joint Iftar w/Metropolitan at JolieVille Maritime**

24th Tawla Tournament at Sahar El-Shereidy

August Birthdays

10th Nadim Shehfe
 19th Yossef Cheta
 27th Magda Nasr
 28th George Chalhoub

Club Members:

- 1- Ahmed Berry, PHF
- 2- Ahmad Elzoghby , PHF
- 3- Amal Fahmy, PHF
- 4- Amina Hassab, PHF
- 5- Amr El-Defrawy, PHF
- 6- Anthony Antoun, PHF
- 7- Atef Khamis, PHF
- 8- Ayman Moussa, PHF
- 9- PP Basil Marco, PHF
- 10- PP Colette Hagggar, PHF
- 11- Dina Fadaly
- 12- PP El-Sayed Moustafa, PHF
- 13- Erdogan Cakir, PHF
- 14- Georges Chalhoub,PHF
- 15- PP Hanaa Ismail, PHF
- 16- John Luke, PHF
- 17- Jeff Starkely
- 18- Klaus Voss
- 19- Mahmoud Yousef, PHF
- 20- Magda Nasr, PHF
- 21- PP Magda Sadek, PHF
- 22- Maria Elena Wer
- 23- Medhat Abul Dahab, PHF
- 24- Michelle Tagher, PHF
- 25- Miguo Khandjian, PHF
- 26- Mona El-Gammal, PHF
- 27- Mona Nasrallah, PHF
- 28- P Mounir El Gammal, PHF
- 29- PP Mounir Shehfe, PHF
- 30- PP Nadim Shehfe, PHF
- 31- Nagwa Sabry, PHF
- 32- Osama El-Nomany, PHF
- 33- Sahar El-Shereidy, PHF
- 34- Sahar Ragab, PHF
- 35- Soad Farid, PHF
- 36- PP Walid Elsherbiny,PHF
- 37- Youssef Cheta, PHF

August 17th, 2011- - - Issue # 5



P. Mounir El Gammal



To Those Attending The Rotary Institute in Zone 20B

My brothers and sisters in Rotary, ☺☺It is my great joy to welcome ☺☺ Rotary Institute. Every Institute is an opportunity: an opportunity to come together with our fellow Rotarians, to share our experiences, our aspirations, and our Rotary stories. It is a reminder of the importance of the work we do, and of the lives we touch: the homes, the families, the mothers and the children. At an Institute, we see more clearly the vastness of our reach: the tens of thousands of clubs and communities, all sheltered under the umbrella of Rotary service. An Institute helps us to seek more involvement, and more impact — to touch more souls as we seek to embrace humanity. ☺☺ Every Rotarian is unique, and every one of us has our own story to tell. I hope that at this Rotary Institute, you will listen to the stories of your fellow Rotarians, and share yours with them. I ask you to tell them not only about yourself, but about your family, because the family is at the heart of our Rotary work. And I ask you to remember the words of Mohandas Gandhi, who said, "We must be the change we wish to see in the world." If we all wish to see a more pleasant and joyful world, let us begin to be that change here, and now. at this Institute — by sharing our warmth and our smiles with each other. ☺☺In the days you will share together, open yourself to new possibilities. Allow yourself to grow, to stretch, to discover and strengthen your inner self. For by looking inside of ourselves, by finding ourselves and understanding ourselves better, we will begin to understand each other — and be better able to *Reach within to Embrace Humanity*. ☺☺Sincerely, ☺☺ **Kalyan Banerjee** ☺☺President, 2011-2012

Last week's meeting...

VP klaus started the meeting by apologizing on behalf of P. Mounir who is recovering, yet was unable to join us for this meeting.

SAA Medhat welcomed Mona Medany - guest of Ahmed El Zoghby and announced that the first meeting of August/ Ramadan will be cancelled. August 10th meeting is planned for a joint Sohour with our Rotaractors; August 17th is planned for Iftar at Jolieville and the last meeting of the month will be hosted by Sahar El Shereidy. VP Klaus concluded the program by wishing all a Happy Ramadan.

Our fellow Rotarian Ahmed El Zoghby spoke to us about "**Cross Egypt Challenge**" and presented the following: "**Cross Egypt Challenge**" is a nine-day endurance scooter ride from the shores of the Mediterranean Sea in the north to the temple of Abu Simbel on the southern borders of Egypt. **A Journey of 1700 Km on scooters to promote tourism in Egypt!** **Cross Egypt Challenge** is a non-profit initiative aiming to promote tourism, alternative sports, and alternative means of transportation in Egypt. It is scheduled to take place in October 2011.



Ahmed concluded his presentation by responding to some questions related to the dates, media coverage, first aid kit and others. Ahmed further emphasized that the ideal role of RC Alexandria Cosmopolitan is to participate in the organizing and steering committee.

VP Klaus congratulated Ahmed on a job very well done and praised their efforts to promote Egypt back onto the tourist map once again!

After the meeting... Cake to Celebrate July Birthdays!



Sohour w/Rotaractors at Jolie Ville Maritime



Let's help our club grow!

All Rotarians are ambassadors of Rotary and their clubs. This is especially relevant during Membership and Extension Month in August, when the focus is on building strong, vibrant clubs by inviting prospective members to join Rotary.

Announcements

- District Membership Development Seminar (Beirut, Lebanon 15-17, Sep 2011)
- Zone 20B Rotary Institute (Cairo, Egypt 11-16 October, 2011)
- District Rotary Foundation Seminar (Dubai, UAE, 17-19 November, 2011)
- Rotary International Convention (Bangkok, Thailand, 6-9 May, 2012)
- District 2450 76th Conference (Aqaba, Jordan 17-20 May, 2012)

Zone 20B Rotary Institute

Cairo 11-15 October 2011

But what is a Rotary Institute? Rotary institutes are meetings designed for the attendance and participation of past, present, and incoming RI officers residing within the area the institute is to serve which is 26 countries comprising 9 Districts (over 700 Clubs of over 19000 members) around the Mediterranean, North Africa and West Asia. Institutes are informational meetings and may be organized for a zone, a section of a zone, or a grouping of zones.

The purpose of a Rotary institute is to

- 1) Provide current, incoming, and past RI officers with updates on RI and Rotary Foundation policies and programs

2) Provide a forum for Rotary leaders to make comments and recommendations to the Board of Directors

□3) Provide fellowship and a participative learning experience that will help inspire current, incoming, and past governors to continuing leadership and service

This year, our District has the honor to be hosting such a prestigious gathering for the first time. Last year the Zone Institute was held in Sofia, Bulgaria and before that in Istanbul, Turkey. Rotarian leaders of our Clubs, Current and Past Club Presidents, are encouraged to attend the very informative sessions. for details visit <http://www.zone20binstitute.org/index.html>

Yours in Rotary

USAMA A. BARGHOUTHI
District Governor - District 2450
ROTARY INTERNATIONAL

DG Ussama El Barghouti will be visiting Alexandria clubs from 2-6 October 2011

Burton is choice for 2013-14 RI President



Ron D. Burton, a member of the Rotary Club of Norman, Oklahoma, USA, is the selection of the Nominating Committee for President of Rotary International in 2013-14. Burton will become the president-nominee on 1st October if there are no challenging candidates.

Dance & Fitness
TAMARA CENTER
03 544 2194
2. Kafr Abou St., Roussky
www.tamaracenter.com

Quote of the week:
One person with a belief is equal to a force of nine who have only interests. -John Stuart Mill

Member's Corner:
(From PP Colette)
Injustice Facts:
Since the year 2000, 7500 people have died from of terror and 200 million people have died from p

On the Lighter Side

Answer to last issue's puzzle sent by Magda Sadek

9	2	3	7	4	5	6	8	1
8	1	6	2	3	9	4	5	7
7	4	5	8	6	1	2	3	9
2	9	4	5	7	8	3	1	6
5	3	7	9	1	6	8	2	4
1	6	8	3	2	4	9	7	5
6	5	9	1	8	3	7	4	2
4	8	2	6	5	7	1	9	3
3	7	1	4	9	2	5	6	8

7			9	4		2		8
8					5			
	2			3			6	
2			1		9			
	7	6		5		8	9	
			7		8			6
	8			7			4	
			5		3			1
		1			2			3

Etiquette Watch Out for Uppercase Overkill!

In email land, writing in all capital letters means YOU ARE YELLING AT SOMEONE. Unless that is what you are going for, it is better to unclick the caps lock button. "To emphasize one word, place *asterisks* around it instead," Whitmore suggests.

Health Tip
To avoid low back pain, get more exercise. If your back is hurting, you may think the best way to get relief is to limit exercise and to rest