

Rotary Awareness

9/11

As we reflect on the 10th anniversary of the 11 September 2001 terrorist attacks on the World Trade Center and the Pentagon, many of us around the world are struck by the major paradigm shift these events brought about among global leaders. As several Rotary Peace Centers welcome the 10th class of fellows, we are reminded of Rotary International's successful paradigm shift, from decades of discussion about creating a Rotary University to developing a network of Rotary Peace Centers in partnership with leading host universities around the globe. These centers are focused on advancing research, teaching and publishing as well as providing practical experience for identifying the causes of conflict and building peace. In May, at the 2012 Rotary World Peace Symposium and Alumni pre-convention event in Bangkok, Thailand, we will celebrate a decade of supporting Rotary Peace Fellows. The Rotary Peace Centers program, which prepares individuals for the type of work reflected in the articles below, ultimately enables Rotarians to promote greater tolerance and cooperation so that atrocities like those of 9/11 never happen again.

- Responding to Conflict
 - Strengthen local peace efforts
 - Train local leaders to prevent and mediate conflict
 - Support long-term peace building in areas affected by conflict
- Preventing Conflict/Building Peace
 - Assist vulnerable populations affected by conflict, particularly children and youth
 - Support studies related to peace and conflict resolution

Previous Meeting Attendance: Members: 13 (35%) - Guest: --

Today's Program: Business Meeting

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September Calendar New Generations Month

7th Business meeting

14th TBA

21st Guest Speaker:
Peter Alfred

28th TBA



September Birthdays

4th Medhat Abul Dahab

7th Sahar Ragab

20th Magda Sadek

Club Members:

- 1- Ahmed Berry, PHF
- 2- Ahmad Elzoghby, PHF
- 3- Amal Fahmy, PHF
- 4- Amina Hassab, PHF
- 5- Amr El-Defrawy, PHF
- 6- Anthony Antoun, PHF
- 7- Atef Khamis, PHF
- 8- Ayman Moussa, PHF
- 9- PP Basil Marco, PHF
- 10- PP Colette Hagggar, PHF
- 11- Dina Fadaly
- 12- PP El-Sayed Moustafa, PHF
- 13- Erdogan Cakir, PHF
- 14- Georges Chalhouh, PHF
- 15- PP Hanaa Ismail, PHF
- 16- John Luke, PHF
- 17- Jeff Starkely
- 18- Klaus Voss
- 19- Mahmoud Yousef, PHF
- 20- Magda Nasr, PHF
- 21- PP Magda Sadek, PHF
- 22- Maria Elena Wer
- 23- Medhat Abul Dahab, PHF
- 24- Michelle Tagher, PHF
- 25- Miguo Khandjian, PHF
- 26- Mona El-Gammal, PHF
- 27- Mona Nasrallah, PHF
- 28- P Mounir El Gammal, PHF
- 29- PP Mounir Shehfe, PHF
- 30- PP Nadim Shehfe, PHF
- 31- Nagwa Sabry, PHF
- 32- Osama El-Nomany, PHF
- 33- Sahar El-Shereidy, PHF
- 34- Sahar Ragab, PHF
- 35- Soad Farid, PHF
- 36- PP Walid Elsherbiny, PHF
- 37- Youssef Cheta, PHF

September 7th, 2011- - - Issue # 6

New Generations Month



Rotary's programs for students and youth can change the lives of those who participate. Through these programs, young people can earn scholarships, travel on cultural exchanges, or help a community through a service project.

New Generations Programs

People age 30 and younger participate in Rotary programs to learn skills that will help them become future leaders.

Rotary Youth Leadership Awards (RYLA)

Rotaract

Interact

Rotary Youth Exchange

Every year, thousands of talented and dedicated young people, ages 12-30, have an incredible experience in a New Generations program.

As Rotaractors and Interactors, they serve in communities at home and abroad. Through Rotary Youth Exchange, they explore new cultures. And as Rotary Youth Leadership Awards participants, they learn skills that will help them succeed as future community leaders.

RYLA emphasizes leadership, citizenship, and personal growth, and aims to
Demonstrate Rotary's respect and concern for youth
Provide an effective training experience for selected youth and potential leaders
Encourage leadership of youth by youth
Recognize publicly young people who are rendering service to their communities



Last month...

During Ramadan we had our annual Iftar where we were joined by the Metropolitan R.C. This year it was held at JolieVille Maritime; we offer our thanks to Klaus for the good organization although he was on vacation and could not attend. In his address P. Mounir said that he loved Rotary and explained that during his convalescence everyone who helped were all Rotarians.



We had a good number of attendees including AG Mohamed Abdel Gawad.



Mahmoud and his fiancée

Enjoying a wonderful meal!

Our Tawla Tournament was organized and hosted by Sahar El Sheridy. Unfortunately we did not have a very good attendance this year, although Sahar put great effort in the preparation and we all enjoyed a lovely evening.



Much to Magda Sadek's disappointment, PP Sayed Moustafa won! Congratulations Dr. Sayed

Announcements

Distribution of Ramadan packages:
 Total no. of packages **924**
 # of packages distributed by members **394**
 # of packages distributed by club **530**

Club packages were distributed as follows:

250 to juvenile centers supervised by Nagwa & Magda

280 to orphanages supervised by Ahmed el Zoghby

Thanks to all members who participated to make this work possible during the Holy Month of Ramadan

53,400.000 LE is the total amount paid by members for the total # of packages.



Announcement

DG Ussama El Barghouti will be visiting Alexandria Cosmopolitan October 5th, 2011

International Literacy Day is 8 September.

More than 770 million adults worldwide do not know how to read.

In an increasingly complex world, illiteracy condemns many of them to the lowest rungs of society.

The trustees of The Rotary Foundation have identified six areas of focus for the new grant structure.

These areas reflect critical humanitarian issues and needs that Rotarians are addressing worldwide.

They will align Rotary with other international development efforts and will strategically further the Foundation's mission.

Areas of focus:

- Peace and conflict resolution
- Disease prevention and treatment
- Water and sanitation
- Maternal and child health
- Basic education and literacy
- Economic and Community development

MARK YOUR CALENDAR - 13 SEPTEMBER 2011
 Bibliotheca Alexandrina Conference Center - Delegates Hall

التحول من السلطة المطلقة إلى الديمقراطية: تجارب عالمية وتحديات عربية

Transitions from Authoritarianism to Democracy: Global Experiences and the Arab Challenge

Inspiring Lecture by **Professor Paul Salem**
 Director of the Carnegie Middle East Center in Beirut, Lebanon

CLASSIFIED ADS

To place your message here
 (EGP 50.00 per week)
 send e-mail to
 Cosmoads@yahoo.com

Quote of the week

Gratitude

Develop an attitude of gratitude. Count your blessings; All of them – even the things that seem trivial. Be grateful for your home, your work and most importantly your family and friends. Take the time to tell them that you are happy they are in your life.

On the Lighter Side

Answer to last week's sudoku by Magda S.

7	1	3	9	4	6	2	5	8
8	6	9	2	1	5	4	3	7
5	2	4	8	3	7	1	6	9
2	3	8	1	6	9	5	7	4
1	7	6	3	5	4	8	9	2
9	4	5	7	2	8	3	1	6
3	8	2	6	7	1	9	4	5
4	9	7	5	8	3	6	2	1
6	5	1	4	9	2	7	8	3

	8		9		6			
	6		1	8	4			2
	9	1	5					4
7		5	9					
			8		1			
					3	1		9
8					9	7	1	
1			6	3	8		4	
		3		1			8	

Etiquette

Exemplify the behavior you expect from your staff: This rule applies in parenting, as well as other areas of life. ☐☐ Employees who feel respected are more engaged in their work and their company. And according to a recent Gallup poll reported in the Gallup Management Journal, engaged employees are "more productive, profitable, safer, create stronger customer relationships, and stay longer with their company than less engaged employees. **Train your employees to embrace civility. The results will amaze you.**

Health Tip

Sleeping position. If you're prone to back pain, talk with your doctor about the best sleeping position. Sleeping on your side with your knees pulled up slightly toward your chest is sometimes suggested. Prefer to sleep on your back? Put one pillow under your knees and another under your lower back. Sleeping on your stomach can be especially hard on your back. If you can't sleep any other way, place a pillow under your hips. No matter how you sleep, a firm mattress is probably best. **To firm up a soft mattress, you can place a half-inch-thick plywood board underneath.**